

GREAT GIVEAWAYS - GORGEOUS GREEN GOODIES

THE NATURAL  
PARENTING  
MAGAZINE

# The Green Parent

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## Growing your own

Organic gardening  
Advice from experts

## THE STORY KEEPERS

How to weave a tale

## Natural Nutrition

A diet for autism

### HOW TO:

- recycle old jeans
- use yoga for birth
- make herbal medicine

## Eat Right For Your Type

Get in balance with Ayurveda

## GREEN TRAVEL

The best tipi  
holidays



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PLUS HOME EDUCATION ■ FOOD & DRINK ■ WELLBEING ■ BREASTFEEDING ■ ASTROLOGY



## The English Camel

pea is a small collection of luxury natural babywear using fleece from Alpacas that are bred in England and the yarn is spun by highly skilled craftsmen. The company was founded in 2009, a collaboration between Judy Clarke and Helen Newman, an alpaca breeder and fashion designer team. Judy has bred Alpacas, a type of camel, for 14 years at her home in Somerset overlooking the Mendip foothills. All 65 alpacas are individually named and graze in paddocks where no pesticides or chemicals are used. Her alpacas are professionally shorn annually in May and the fleeces spun, without the addition of dye, in England. For the full Spring/Summer range visit [peababy.co.uk](http://peababy.co.uk).



# Ethical Fashion

Enjoy clothing made from the softest spun alpaca and a new range of knitwear, handmade in the UK

## GIVING SOMETHING BACK

When both her sons were born early, her first at 32 weeks and her second at 34 weeks, Lysette Parbhu, founder of Babies In Sheep's Clothing, used the services of the charity Bliss and now she wants to give something back. The clothing company that produces a range of lambskin and merino clothes have collaborated with the UK charity Bliss in a bid to help provide vital support and care to premature and sick babies. Babies In Sheep's Clothing will donate £1 to the charity for every pair of ugg-style boots sold (pictured right). "We benefitted immensely from the information and support from Bliss," says Lysette. "Mothers across the world know how having a baby is an incredibly emotional time and the experience of having a premature baby that needs to be incubated or fed through a tube can be quite daunting. This seemed like a fantastic way to build more awareness and raise funds. It is also nice for us to give something back and to say thank you for all the support that we received."

**1/3lb**

of pesticides and fertilisers are required to produce enough cotton to make a single t-shirt.

**Eight**

out of ten people are willing to pay a premium for Fairtrade.

**38%**

of people would like to see more Fairtrade products on the high street.

## MAKING PEACE

Based in the wuthering hills of the Yorkshire Pennines, Makepiece designs knitwear, which not only looks and feels good, but is as great for your conscience as it is for your wardrobe. The team has its own small flock of Shetland sheep. And when it comes to production, the yarn is spun and dyed within the UK, and all knitting is carried out in the local community - including supporting people who have been out of work or who need to retrain. This Spring sees a collection of versatile frocks, tops and wraps, which are softened with adornments, layers and volume. You can find out more about Makepiece, its ethics and its current collections, online at [makepiece.co.uk](http://makepiece.co.uk) or by mail order 01706 815888.



**Save the date:** Ethical fashion comes centre stage at London's UK Aware on 16-17 April 2010. Book your tickets to the UK's leading eco exhibition at [ukaware.com](http://ukaware.com).